

## CLAIMS:

### What We Claim Is:

1. A therapeutic body covering specific to a certain area of a body,  
said body covering comprising:
  - (a) a panel for covering a certain area of a body;
  - (b) a removable flap positioned over said panel;
  - 5 (c) a therapeutic insert configured to conform to said area of  
said body;
  - (d) a securing panel to hold said panel to said certain area of  
said body; and
  - (e) wherein said panel and said securing panel are configured  
10 so that said certain area of said body is not moved when placing said  
therapeutic insert between and removing said therapeutic insert from said  
panel and said flap.
2. The therapeutic body covering of claim 1 wherein said  
removable panel further comprises a second removable panel to form a  
15 therapeutic sleeve that has an opening to receive said therapeutic insert.
3. The therapeutic body covering of claim 2 wherein said  
therapeutic sleeve further comprises a liquid repellant inner liner.
4. The therapeutic body covering of claim 1 wherein said  
therapeutic insert comprises a material that maintains at least one of a  
20 cooling temperature for an extended period of time and a warming  
temperature for an extended period of time.
5. The therapeutic body covering of claim 1 wherein said  
therapeutic insert comprises a preformed shape that conforms to a shape of  
said certain area of said body.
- 25 6. The therapeutic body covering of claim 1 wherein said securing  
panel is adjustable to allow said therapeutic body covering to best fit to said  
certain area of said body.

7. The therapeutic body covering of claim 1 wherein said certain area of said body comprises at least one of a knee area, a shoulder area, an elbow area, an ankle area, and a mammary gland area.

8. A therapeutic bra, said bra comprising:

- 5 (a) a first front panel for covering a first breast;
- (b) a second front panel for covering a second breast;
- (c) a closure device holding said first panel and said second panel together;
- (d) a back panel having a first end connected to said front  
10 panel and a second end connected to said second panel;
- (e) a removable first flap positioned over said first front panel;
- (f) a removable second flap positioned over said second front panel;
- 15 (g) a therapeutic insert;
- (h) wherein said therapeutic insert is configured to conform to a breast size; and
- (i) wherein said first front panel, said second front panel, and said back panel are configured so that said breasts are not moved when  
20 placing said therapeutic insert between and removing said therapeutic insert from at least one of said first front panel with said first flap and said second front panel with said second flap.

9. The therapeutic bra of claim 8 further comprises a therapeutic sleeve fitted around said therapeutic insert.

25 10. The therapeutic bra of claim 9 wherein said therapeutic sleeve further comprises a liquid repellant inner liner.

11. The therapeutic bra of claim 8 wherein each of said flaps is permanently affixed to each of said respective panels wherein said first flap opens to allow at least one of a placement and a removal of said therapeutic

insert between said first flap and said first panel without moving said breast and said second flap opens to allow at least one of placement and removal of said therapeutic insert between said second flap and said second panel without moving said breast.

5           12.    The therapeutic bra of claim 8 further comprises a first strap and a second strap wherein said first strap has a first end connected to said first panel and a second end connected to said back panel and said second strap has a first end connected to said second panel and a second end connected to said back panel.

10           13.    The therapeutic bra of claim 8 wherein detachable fasteners connect said first flap to said first panel and said second flap to said second panel.

              14.    The therapeutic bra of claim 8 wherein at least one of said first panel and said second panel further comprise an opening to allow for access  
15 to a breast nipple when at least one of said first flap and said second flap are removed.

              15.    The therapeutic bra of claim 8 wherein at least one of said first panel and said second panel comprises two pieces of material wherein an opening is provided between said pieces of material for placement of said  
20 therapeutic insert.

              16.    The therapeutic bra of claim 15 wherein said opening further comprises a reinforced edge around said opening to further prevent movement of said breast when at least one of removing said therapeutic insert and inserting said therapeutic insert.

25           17.    A therapeutic bra for reducing movement of a breast when applying at least one of a cooling compress and a warming compress to said breast, said therapeutic bra comprising:

- (a)   a first bra cup covering a first breast;
- (b)   a second bra cup covering a second breast;

(c) a first bra cup flap removable from an outer edge of said first bra cup;

(d) a second bra cup flap removable from an outer edge of said second bra cup;

5 (e) a back strap having a first end connected to said first bra cup and a second end connected to said second bra cup;

(f) at least one of a cooling compress and a warming compress formed to a shape of at least one of said first breast and said second breast; and

10 (g) wherein at least one of said cooling compress and said warming compress fits between at least one of said first bra cup flap connected to said first bra cup and said second bra cup flap connected to said second bra cup.

18. The therapeutic bra of claim 17 wherein at least one of said cooling compress and said warming compress are formed to contour to at least one of said breasts.

19. The therapeutic bra of claim 17 wherein said first bra cup flap has a first edge that is permanently affixed to a first edge of said first bra cup and wherein said second bra cup flap has a first edge that is permanently affixed to a first edge of said second bra cup.

20. The therapeutic bra of claim 17 wherein at least one of said first bra cup and said second bra cup further comprises an opening in said bra cup to allow exposure of said breast.

21. The therapeutic bra of claim 17 further comprises fasteners to connect at least one of said first bra cup flap to said first bra cup and said second bra cup flap to said second bra cup.

22. The therapeutic bra of claim 17 further comprises a front closure device connecting said first bra cup to said second bra cup along adjacent edges of each respective bra cup.

23. The therapeutic bra of claim 17 further comprises a first strap having one end connected to said first bra cup and a second end connected to said back panel and a second strap having one end connected to said second bra cup and a second end connected to said back panel.

5        24. The therapeutic bra of claim 23 wherein said straps are adjustable.

25. The therapeutic bra of claim 17 further comprises a sleeve that fits around at least one of said cooling compress and said warming compress.

26. The therapeutic bra of claim 17 wherein said cooling compress  
10 and said warming compress are a single compress having a material that can be both cooled to maintain a given cool temperature for an extended period of time and warmed to maintain a given warm temperature for an extended period of time.

27. The therapeutic bra of claim 17 wherein at least one of said first  
15 flap and said second flap comprises two pieces of material wherein an opening is provided between said pieces of material for placement of said therapeutic insert.

28. An improvement to a bra having a first bra cup and a second bra cup, said improvement comprising:

20            (a) a first movable flap covering a first bra cup;  
              (b) a second movable flap covering a second bra cup;  
              (c) therapeutic inserts that fits between each first flap in combination with said first bra cup and said second flap in combination with said second bra cup; and

25            (d) wherein each said flap can be opened for insertion and removal of said therapeutics where a breast is not moved.

29. The improvement of claim 28 further comprising said therapeutic insert being conformed to a shape of a breast.